



Homemade Herbal Tea Sugar Scrub

Ingredients:

1/4 cup white sugar

1/4 cup brown sugar

3 tablespoons (fractionated) coconut oil

2 bags of Twinings Buttermint Herbal Tea

In a small bowl, combine the sugars and coconut oil. If you do not have fractionated coconut oil, melt regular coconut oil on low power in the microwave.

Cut open two tea bags, and combine the contents with the sugar/oil mixture. Stir to combine.

Spoon into a wide mouth half pint mason jar.