



Homemade Lavender Sugar Scrub

Ingredients:

½ cup sugar

2 ½ tablespoons coconut oil

10-15 drops of lavender essential oil

This recipe will fill one wide mouth half pint mason jar.

On low power, melt the coconut oil in the microwave. Watch the coconut oil carefully. Heat it just until it melts. If there are tiny bits of solid coconut oil, that is just fine. Give them a quick stir to melt.

Add the lavender essential oil and then the sugar.

Stir to combine.